

THE MOMENT OF DEATH

A Two Day Transmission



This two day transmission is concerned specifically with the final hours of a dying person. It is based on the fresh, dyadic, meditative model originated by Founding Teacher Patricia Shelton in 1971 specifically for assisting the old, the sick and the dying. These Clear Light practices have proved consistently helpful, sometimes startlingly and dramatically so (i.e. helping the terminally ill person beyond physical and emotional pain altogether.)

Actively involved in meditative and contemplative practices for the past forty years, Patricia Shelton has been engaged in Koan study with Zen Master Seung Sahn since 1975. She taught the accredited course, *Introduction to Zen Practice* at Boston University from 1985-2000, along with functioning as the guiding teacher to Zen groups in Massachusetts, New Hampshire, Maine and Florida. She was also one of twenty-eight western Buddhist teachers presenting at the first *Buddhism in America Conference* in 1997. Ms. Shelton is the Holder of the *Clear Light Transmission*.

"I had an amazing experience with the Clear Light Society's Moment of Death Training Weekend. I was lucky enough to be chosen as the 'practice' dying patient. During the session I felt cradled and embraced as one does during infancy, which was an incredibly comfortable feeling coming from a group of total strangers. I can only imagine how powerful it would be by replacing strangers with your own family members. With my eyes closed, I remember great light, which I can only compare to a light-filled sky completely cleared of clouds. Truly a once in a lifetime experience, and highly recommended to anyone who may be interested. Patricia has done a marvelous job in showing us the possibility of transforming a suffering dying patient into a clear, blissful spiritual being at the most crucial point in life. Do not miss this opportunity."

George Rovito, M.D.
A physician practicing in South Florida

If someone you love were dying at this moment, would you know what to do to help? What is help at this moment? Perhaps we feel, as one woman said Although billions of people have lived and died before us, why do we feel so alone, so unprepared and untutored in a situation that unfailingly comes to every family, every person? Why are there no wisdom treasures handed down from generation to generation to help us?

Perhaps we consult books on death and dying, only to find that books really don't help much in the actual experience of being in the same room with a dying loved one during the final hours.

The Moment of Death training weekend will introduce you to the Clear Light practice for the dying. You will learn how to cut through the confusions of mind heightened by illness and medications. You will learn how to meld the consciousness of yourself, that of the dying person and other family members into a powerful, clear unity flowing inexorably toward the moment which many consider to be life's greatest spiritual opportunity - the moment of the great light of death.

This practice, which brings Peaceful Heart and Clear Mind to all involved, is non-sectarian and of universal applicability. Although suitable for the religious and non-religious alike, it accommodates to and blends easily and beautifully with meaningful segments of the family's religious tradition - making it the family's own practice.

To assist a dying person's consciousness to become one with the Clear Light is a compassionate act of great import. It is at once both inexpressible and unforgettable. It is a treasure worth passing down to future generations.

*"To The Clear Light Society,
I wish to express the gratitude of the entire McCormack family for your assistance at the death of my beloved sister Julie. We were by her side, watching her struggle, not knowing how to be with her and longing for direction and some sense of peace. [the Clear Light Practitioner] graciously came to the hospital and led our family through what proved to be one of the most powerful, uplifting and peaceful experiences any of us may ever know. In my estimation the family's strength through subsequent days has been a direct result of that experience. I'm sure you understand how inadequate the words "thank you" seem under the circumstance."*

Sincerely,
B.J. McCormack, M.D.
Brockton, Massachusetts

"The Moment of Death training weekend made real for us the knowledge that when the moment comes, anyone can be helped to return to the clear light out of which we were born and into which we die."

Gad Horowitz, Ph.D.
Shannon Bell, Ph.D.
Toronto, Canada

"This [Clear Light] work has helped me more than anything else in my 48 years of living and 26 years of working with dying persons. This is a guide towards dying gracefully and peacefully in each moment of life as well at the moment of death."

Rebecca Hecht, LICSW, Revere, MA
Psychotherapist, hospice social worker, and long time meditator

Each training day begins at 9:00 a.m., includes a light luncheon and ends at 5:00 p.m. Please register early; Because of the grave, intimate nature of this work, registration is very strictly limited.

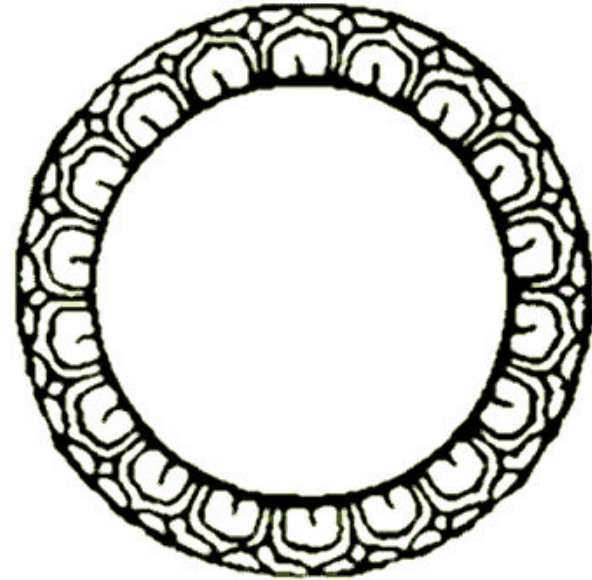
THE CLEAR LIGHT SOCIETY

A non-profit charitable organization serving the terminally ill since 1977

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THE CLEAR LIGHT SOCIETY

Moment of Death

A Two Day Transmission

Stockbridge, MA • October 8, 9
Fort Lauderdale, FL • November 5, 6

THE CLEAR LIGHT SOCIETY

Moment of Death

A Two Day Transmission

Registration:

Name

Address

City, State, Zip

Telephone / E-Mail address

Education

I wish to attend the two day Moment of Death Transmission:

- Stockbridge, MA, October 8, 9.
- Fort Lauderdale, FL, November 5, 6.
- \$175
- \$250 per professional (doctor, nurse, graduate degree or more)

Enclosed is my check for the program checked above.

Amount enclosed payable to The Clear Light Society, P.O. Box 304, Stockbridge, MA 01262

Signature

Cancellation of Registration: There will be a \$50 cancellation fee on all cancellations received 14 days before the trainings. No refunds within 14 days.
Only cancellations made in writing will be deemed valid.

Disclaimer of Responsibility: By registering for this program the seminar member specifically waives any and all claims of action against The Clear Light Society and it's staff for damages, loss, injury, accident, or death due to negligence on the part of any organization or employee providing services included in this seminar.

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