

Moment of Death

A Two Day Transmission

If someone you love were dying at this moment, would you know what to do to help? What is help at this moment? Perhaps we feel, as one woman said, "Although billions of people have lived and died before us, why do we feel so alone, so unprepared and untutored in a situation that unfailingly comes to every family, every person?" Why are there no wisdom treasures handed down from generation to generation to help us?

Perhaps we consult books on death and dying, only to find that books really don't help much in the actual experience of being in the same room with a dying loved one during the final hours.

The Moment of Death training weekend will introduce you to the Clear Light practice for the dying. You will learn how to cut through the confusions of mind heightened by illness and medications. You will learn how to meld the consciousness of yourself, that of the dying person and other family members into a powerful, clear unity flowing inexorably toward the moment which many consider to be life's greatest spiritual opportunity - the moment of the great light of death.

This practice, which brings Peaceful Heart and Clear Mind to all involved, is non-sectarian and of universal applicability. Although suitable for the religious and non-religious alike, it accommodates to and blends easily and beautifully with meaningful segments of the family's religious tradition - making it the family's own practice.

To assist a dying person's consciousness to become one with the Clear Light is a compassionate act of great import. It is at once both inexpressible and unforgettable. It is a treasure worth passing down to future generations.



This two day transmission is concerned specifically with the final hours of a dying person. It is based on the fresh, dyadic, meditative model originated by Founding Teacher Patricia Shelton in 1971 specifically for assisting the old, the sick and the dying. These Clear Light practices have proved consistently helpful, sometimes startlingly and dramatically so (i.e. helping the terminally ill person beyond physical and emotional pain altogether.)

Ms. Shelton has been actively involved in meditative and contemplative practices for the past forty years. She taught an accredited course in Meditation at Boston University from 1985 to 2000. She has also served as the guiding teacher to meditation groups in Massachusetts, New Hampshire, Maine and Florida. Patricia Shelton is the Holder of the *Clear Light Transmission*.

"I had an amazing experience with the Moment of Death Training Weekend. I was lucky enough to be chosen as the 'practice' dying patient. During the session I felt cradled and embraced as one does during infancy, which was an incredibly comfortable feeling coming from a group of total strangers. I can only imagine how powerful it would be by replacing strangers with your own family members. With my eyes closed, I remember great light, which I can only compare to a light-filled sky completely cleared of clouds. Truly a once in a lifetime experience, and highly recommended to anyone who may be interested. Patricia has done a marvelous job in showing us the possibility of transforming a suffering dying patient into a clear, blissful spiritual being at the most crucial point in life. Do not miss this opportunity."

George Rovito, M.D.
A physician practicing in South Florida

"I wish to express the gratitude of the entire McCormack family for your assistance at the death of my beloved sister Julie. We were by her side, watching her struggle, not knowing how to be with her and longing for direction and some sense of peace. [the Clear Light Practitioner] graciously came to the hospital and led our family through what proved to be one of the most powerful, uplifting and peaceful experiences any of us may ever know. In my estimation the family's strength through subsequent days has been a direct result of that experience. I'm sure you understand how inadequate the words "thank you" seem under the circumstance."

Sincerely,
B.J. McCormack, M.D.
Brockton, Massachusetts

"The Moment of Death training weekend made real for us the knowledge that when the moment comes, anyone can be helped to return to the clear light out of which we were born and into which we die."

Gad Horowitz, Ph.D.
Shannon Bell, Ph.D.
Toronto, Canada

"This work has helped me more than anything else in my 48 years of living and 26 years of working with dying persons. This is a guide towards dying gracefully and peacefully in each moment of life as well at the moment of death."

Rebecca Hecht, LICSW, Revere, MA
Psychotherapist, hospice social worker, and meditator

Each training day begins at 9:00am and ends at 5:00pm Please register early; Because of the grave, intimate nature of this work, registration is very strictly limited.

Fort Lauderdale, FL • Boston, MA

www.clearlightsociety.org

561-543-1539



MOMENT OF DEATH with Patricia Shelton

A Two Day Transmission

March 24, 25 2012 Fort Lauderdale, Florida
April 14, 15 2012 Oriental, North Carolina

MOMENT OF DEATH

with Patricia Shelton

A Two Day Transmission

I wish to attend the MOD Transmission on March 24, 25 2012

I wish to attend the MOD Transmission on April 14, 15 2012

Registrations are due 14 days before the event.
Please add \$50 for registrations after the due date.

Name

Address

City, State, Zip

Telephone / E-Mail address

Education

Signature

- \$275 professional (doctor, nurse, any graduate degree or more)
- \$200 non-professional

Enclosed is my check for _____ payable to Patricia Shelton.

Please mail care of:

Patricia Shelton
3070 S. Oakland Forest Dr #304
Fort Lauderdale, FL 33309-5672

Cancellation of Registration: There will be a \$50 cancellation fee on all cancellations received 14 days before the trainings. No refunds within 14 days. **Only cancellations made in writing will be deemed valid.** We reserve the right to cancel training on 14 days notice due to low attendance.

Disclaimer of Responsibility: By registering for this program the seminar member specifically waives any and all claims of action against Patricia Shelton and staff for damages, loss, injury, accident, or death due to negligence on the part of any organization or employee providing services included in this seminar.

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